

to make 1/4 T 5 L. No 5-c to L. (to face L. wall)

Code - $\uparrow \rightarrow$ to T out L & R.

$$L \cap R = L \cup R$$

$\frac{f}{LT} \approx \frac{7}{M.} =$ after a toe on LL T out to L or R.
 $\frac{1}{4} T$ to L or R.

LT Mt. - 1/4 T to L on R.

↑	1
↑	2
↑	3
→	4
→	5
↘	6
+	7
↑	8
↑	9

4. Box $\frac{1}{2}$ T L - Take 2 steps fwd. L.R. On 3rd step T the toe out to make a $\frac{1}{4}$ T to L wall. Do a s-c to R step & turn R all out to make a $\frac{1}{4}$ T L to face bk of room. Do a s-c to L facing the bk of room. This T takes us $\frac{1}{2}$ way around.

$$\frac{1}{4} + \frac{1}{4} = \frac{1}{2}$$

Code : -

It's

Two $\frac{1}{2}$ Terns

$$= 1/2 \text{ c.}$$

8. (a) Waltz pattern = time $\frac{3}{4}$.

stop fw $l = ct + 1$.

1. Schw R - 2

Chloride - $\frac{3}{1000}$

This is a really stp.

Practice - wally types fast + slow in sets of 8. 8. 4. 4. etc

Code :- \uparrow

→
→
↑

Repeat for practice & do (a) & x

Twice
once

b) Wall box Close.

- { St fwd L ft.
- { s-c to R (ct 1. 2. 3)
- { St pks R ft
- { s-c to L (ct 1. 2. 3)

= 2 meas.

These 2 meas - a box because the pattern they form on floor is sq



(c) Do 5(b) twice & add to it.

- 1 W. stp fwd L
- R
- L
- R

Total of 8 meas.

Notes on Lesson II & Practice Hints

Leaders - (a) When start fwd. from a s-c stp long 1st

(b) When leading for a s-c. stp L be sure that L below the st. stp & H. closed & when to side to R be sure that L is more open.

Use diff. class formations & teaching every row the the grand march fig. & get in form. Change part. quite often by marching (Don't say "pair & change" unless group have been working tog for some time & feel quite at ease about changing parts.)

Lesson III

1. Review Lesson II

2. Box full turn L.

Stp fwd L - 1

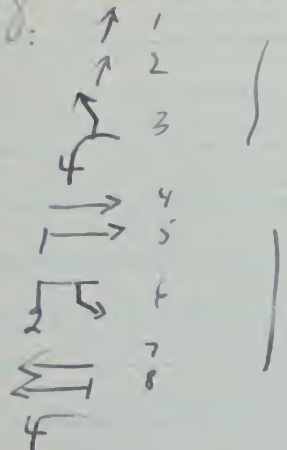
R - 2

Stp L & T. to out - 3 - to make 1/2 to face L. wall.

Side clac to R 4-5.

Step R + T R L away L out to $T \frac{1}{2}$ way round (so that you will be facing opp. side of room) Do S-C L-7, 8

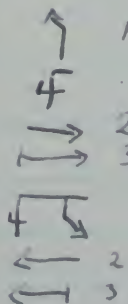
And as a start just to repeat this comb. and 2 do any other step do $\frac{1}{4}$ T L to L to be turned out. This will bring a facing front. ready to move in line of direction again $\frac{1}{4} + \frac{1}{2} + \frac{1}{4} = \text{full}$.

Code:  = T $\frac{1}{2}$ way round to L.
R.

3. Wally box $\frac{1}{2}$ T L.

On 1st step fwd. L. t. L toe heel to make a $\frac{1}{4}$ T. to face L wall. No side close to R as u face L wall. (Ct 1.2.3.) Step + T. R - heel out to make a $\frac{1}{4}$ T to face bk of room. Do S-C to L. (Ct 1.2.3.) - 2 meas.

$$\frac{1}{4} + \frac{1}{4} = \frac{1}{2} T.$$

Code: 

4. Wally Combinations - No 2 W. boxes - 4 meas.

" 4 " steps - 4 "
" 4 $\frac{1}{4}$ T - 4 "

5. "Two Step" - Time $\frac{4}{4}$

The rhythm is 2 short steps (1 & 2. ea 4. 1 long step - 2 ct.)

442 Quick, quick, slow.
1 2 3. 4.

Clap, rhythm, walk; - practice for. skew on 8's, 4's

(a) Two Step box:-

Step Sdw L - 1
 Close R & L - 2
 Step fwd L - 3, 4
 " Sdw R - 1
 Close L & R - 2
 Step skew R - 3, 4.

Code ↑ 1 step
 ↑ 2 close
 ↑ 3 } The 2 close steps = 2 cts to 1 step.
 1 4 }

(b) Two step $\frac{1}{2}$ T. L.

Step Sdw L 1.
 Close R & L. 2. } 2-step
 Step fwd L 3, 4
 S - L to R 1, 2.

Step R & T R all out to make a $\frac{1}{4}$ T. L. 3, 4.

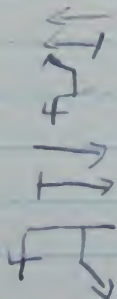
(c) 2 step $\frac{1}{2}$ T. L.

No one side step.

" " Close "

Turn L toe out & step making a $\frac{1}{4}$ T. L. to face L side of room. No one s-c. step facing L side of room. Turn R all out & make a $\frac{1}{4}$ T. L. to face R side of room. This $\frac{1}{4} + \frac{1}{4} = \frac{1}{2}$ T. L.

Code - 2 step $\frac{1}{2}$ T. L.



- (d) 2 Step Combination
 Do 4 2 step ahead
 " " of 5 (b)
 " " 2 steps skew

Notice - that when a 2 step is done st first, 1st 2 step (quick 1. 2.) R on the diag. & the 3rd step (slow 3. 4.) is st. ahead.

Lesson 15

1. Walty full turn L.

Turn L. toe out & make $\frac{1}{4}$ T. L. to face l side of room. S-C (Ct 1. 2. 3.) T. R. H. out & make $\frac{1}{2}$ T to face the opp. side of room (1. 2. 3.) Do a side S-C. T. L. toe out & make $\frac{1}{4}$ T. face front of room (1. 2. 3.) These are simply 3 walty steps making T. on 1st part of ea. walty $\frac{1}{4} + \frac{1}{2} + \frac{1}{4}$ = full turn

2. Walty Combinations

- Do 1 Walty Box (1. 2. 3.) (1. 2. 3.)
 " 1 $\frac{1}{4}$ T. (1. 2. 3.)
 " 1 W. T $\frac{1}{2}$ way round (1. 2. 3.)
 " 1 " " $\frac{1}{2}$ " "
 " 1 " " $\frac{1}{2}$ " "
 " 1 $\frac{1}{4}$ T to face front.
 " 1 walty step skew.
 8 mean.

3. 2 Step Full T. L.

Do 1 step L S-C. 1. 2.
 T. L. toe out & make $\frac{1}{4}$ T. L. Do one step side close (1. 2.) T. R. H. out & make a $\frac{1}{2}$ T (3. 4.) Do one S-C. to L. Turn L toe out & make a $\frac{1}{4}$ T to face front - $\frac{1}{4} + \frac{1}{2} + \frac{1}{4}$ = full turn.

Two step - 4 cts for whole pattern. 1 ct. for side step
1 ct. for close step & 2 cts for step fwd.

- (C) Pattern - (i) wally - step f, step s, close step
(ii) 2 step - step s, close step, step f.

3. Rock Step - (Ref. Lesson 2)

Do 3 steps fwd. Rock bks on R ft. (1 2 3 4.) Repeat.
Remember 1st ct of next pattern will be a rock
instead of a step. (There is no prog. f - B - S - 9.
it is a rock)

Code:- Rock step { } fwd - bks



— Notice - a rock because no prog.

4. (2) 2 step w a rock

Do 3 step fwd. rock sk on R ft 1 2 3 4. Do a
diag. step fwd & a close step 1 2. Do 2 step fwd 3 4.

(b) Do same as (a) but on 1st " after C-S. Take 1/4
T L by turning toe out. Continue in this manner
until pattern has been completed facing ex. wall.

5. Wally or Point Step:-

1 step f - 1 ct.

point f - $\frac{2}{3}$ cts = 1 meas.

Code for pt - ↑ ↓ Practice ↑ ↓
1 3

Combinations - (a) Do 2 W. step fwd 1 2 3. Do 1 step pt. fwd 1 2 3.
Do 1 step bks. pt bks. 1 2 3.

(b) Step pt. fwd 1 2 3. Step pt bks. 1 2 3. 1 W. step making a
1/4 T L. 1 2 3. 1 W. step making 1/4 T L. 1 2 3. = 4 meas.

4460

Repeat all 2 (b)

$\frac{2 \times 4}{4} = 4$

Lesson 01

1. (a) Review Rock & 2 stp w & w/out turn.

(b) Comb. Rock & 2 stp w T. (notice that cts. R different than they were in 1(A) above)

Stp fwd L - 1.

Rock bkw R - 2.

Stp diag fw L - 3.

Close R to L. - 4.

T. L be out & make $\frac{1}{4}$ T L - cts 1. 2.

Stp fwd R - 3 4.

Repeat this pattern until it has been done facing each side.

2. (a) Review Waltz pr.

(b) Waltz pr. Combination w T.

Rs.

1. 2 waltz stp fwd.	2 meas.
2. Stp pr fwd.	1 "
3. " " bkw	1 "
4. W. $\frac{1}{4}$ T.	1 "
5. " stp turning $\frac{1}{2}$ way round	1 "
6. 7. 8. Same as (5)	3 "
9. Same as (4) ($\frac{1}{4}$ T.)	1 "
10. Stp pr fwd.	1 "
11. " " bkw.	1 "
12. $\frac{1}{4}$ T.	1 "
13. " "	1 "
14. " pr fwd.	1 "
15. " " bkw.	1 "
	<hr/>
	16 "

3. Draw Stp.

a. Stp side L - 1.

Draw R to L - 2.

Stp side R - 3

" L to R - 4

} 1 meas.

Also do 3(a) in 1/2 time
 ex - step sdw. L. 1. 2. | 1 mean.
 draw R to L. 3. 4.

(b) do 4 steps fwd 4 cts.
 step draw to L 2 cts.
 " " " R 2 cts.

Code: - draw step = \rightarrow
 step draw = \rightarrow

4. Combination Draw & Rock:-

do 2 plain steps fwd. 1. 2.
 step draw to L. 3. 4.
 " " " R. 1. 2.
 " " fwd L. 3.
 Rock bk R. 4.
 2 mean.

Lesson VII -

1. Rip Step -

(a) Step sdw. R 1
 Close step to R 2
 Rip bk on R 3
 Rock fwd. on L 4.

Repeat 6 x of R = 7 in all.

8th time do:-

Step side R - 1

Close L to R - 2

Rip bk 3-4. (This leaves L free to step sdw.)

And then do same as above go left.

(b) do 4 instead of 8

44th " 2 " 4
 " 1 " 2

Code - Dip step $\rightarrow R. L \rightarrow L.$

2. 2 step in quick time on side close step (C & H)
instead of (1. 2.) On first step at 1. instead of R. etc
- ex - (1 & 2) (3 & 4) 2 2-steps.

(a) step first L. 1
" " R. 2

Quick side close step 3

dip back at 4

Repeat this pattern - remember 1st step first given
a dip usually a rock so next whole pattern will be.

Rock first. R 1
Step " L 2
Side close to R. 3
Dip back 4.

Code: - Side close to (1 & 2) is indicated by:

$\rightarrow 1 \quad \rightarrow 4 \quad \uparrow 2.$

3. Waltz Draw Combinations -

No 1 wtz box

2 meas.

Step draw to L. 1. 2 3

1 "

" " R 1. 2 3

1 "

1/4 t. L wtz

1 "

1 "

Step draw to L

1 "

" " R

1 "

1/4 t. to L.

1 "

1 "

10 meas

Code: - draw 2 sts $\rightarrow a \rightarrow$

(a) 2-step box w draw. (Quick time 2 step)

Step draw to L 1-2 } 1

" " R 3-4 } 1

Two step box 1 & 2 } 1
3 & 4 } 1